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J.J. Boys learn about acts of kindness



Nick Foley of "Celebrate the Hero" visited J.J O'Neill Catholic School in Napanee to share with students' ways to enhance the lives of others, by making those around us feel great. Nick worked with grades 4, 5, 6 boys in the first workshop; concentrating on making others feel good. The students were eager to put Nick's message into action using hero slips to uplift their fellow classmates. In the grade 7-8 workshop, Nick continued with the "how do you want to be remembered?" theme having students practice the importance of spreading joy to the people around them through kind acts.